



*Youthful skin from within*

**Each bottle contains 30 tablets**

Ingredients (per tablet)

Grape seed Extract 28.7mg, Melon Concentrate 0.6mg, Zinc citrate 4.1 mg, Coated Vitamin C 4.1mg, Wheat Ceramosides 7.5mg, Vitamin A 150mcg, Lysine 250mg, White Tea Extract 20mg.

---

**Customer Product Information**

**WHAT IS TBT?**

T.B.T has been specially formulated to generate youthful skin - for beauty from within. It hydrates the skin causing a tighter texture, eliminates wrinkles and prevents premature ageing. The result is radiant, glowing skin.

**HOW DOES IT WORK?**

T.B.T consists of two main ingredients which have been clinically trialled:

**Grape Seed Extract/Melon Concentrate with coated Vitamin C and Zinc**

Grape seed extract helps improve the overall health and condition of the skin. Zinc contributes to the maintenance of the skin and protects the cells from oxidative stress. Vitamin C, in its coated form, assists in the production of collagen of skin cells and blood vessels.

**Wheat Ceramosides**

Skin youth and hydration depend on key lipids known as ceramosides. As we age, the skin loses these lipids resulting in dry, itchy, lack lustre skin and wrinkles. Replacing these lost ceramosides orally produces a clinically studied moisturising and anti-ageing effect and will leave you with glowing, healthy, radiant and elastic skin.

**HOW TO TAKE TBT**

**How much to take:** The usual dose is one T.B.T. tablet twice daily.

**How to take it:** Swallow the tablets whole with a full glass of water before or after meals.

**PRODUCT DESCRIPTION**

T.B.T is non GMO, contains no additives and no preservatives. It provides a highly concentrated form of ceramosides and antioxidants. It is all natural, vegan and gluten free.

**STORAGE**

Keep your tablets in the pack until it is time to take them.

If you take the tablets out of the pack they may not keep well.

Keep your tablets in a cool dry place where the temperature stays below 30°C.

Do not store T.B.T. tablets or any other medicine in the bathroom or near a sink.

Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

**PRECAUTIONS FOR USE**

TBT is not recommended for pregnant women or lactating women in absence of data. It should not replace a well-balanced diet and exercise.

**SUPPLIER**

T.B.T. is supplied in Australia by Chalmers Dale & Co Pty Ltd ABN 38 083 863 745

**Chalmers Dale**

AUSTRALIA

PO Box 217 Milsons Point NSW 1565